

ASTROLOGICAL PATTERNS FOR JANUARY 2024: THE MONTH OF SHIFTING GEARS AND MOVING FORWARD

GREETINGS:

I hope you had a peaceful and joyful end of 2023, which to many of us was the year we do not want to repeat. If you are one of those who is relieved 2023 is over, the good news is that you will never have that energy again—it will be 260 years before it is repeated. **The good news about 2024 is that it is a one of a kind year as well, but in the other direction—upward and onward without limits.** The astrological energy of January was preceded by a dynamic Full Moon in Cancer on **12/26**, Jupiter moving forward on **12/30**, and a wake up call on **1/1** when madcap Mercury went direct so we can think straight and make decisions with more clarity. As we enter January, we are under the influence of the Roman god Janus, who can look backward and forward simultaneously. We are promised more growth and opportunity to soar in new directions, particularly after the cycle of no more retrogrades begins on **1/26** when Uranus moves us forward. All the trouble and challenge that began in 2008 when Pluto (yes he is still a planet (tiny but powerful) moved into Capricorn for far too long. On **1/20** Pluto will make a great shift from Capricorn to Aquarius (air sign of freedom and collective energy), and remain in the domain of Aquarius until he falls backward into Capricorn from **9/1/24 - 11/19/24**, finishing his job to remove any thing and anybody that is no longer helping us grow. Meister Eckhart says **“And suddenly you know: It’s time to start something new and trust the magic of beginnings”**. I believe this is the message for January, as well as the mantra for 2024.

There are many planets moving through Capricorn in January: Sun, Mercury, Venus, Mars and the New Moon in Capricorn on **1/11**, shortly after the Sun connects in a square with the Lunar Nodes in Libra/Aries, bringing opportunity for growth of courage and determination and self care. This is a life altering year for all and it is

time to prepare to become and remain your best self, and as Anwar Sadat said “You’re not a realist unless you believe in miracles”. It is time to set goals, get grounded and prepare and lay the foundation for the rest of 2024 and beyond. This is an essential time to put into practice routines and structures that will support you, no matter what shifts we experience in our external lives. In my opinion, it is a time for radical inner work because “**What you seek is seeking you**”, Rumi.

HIGHLIGHTS OF THE ASTROLOGICAL ENERGY TRENDS FOR JANUARY 2024:

TWO MAJOR PLANETS ARE MOVING US FORWARD: JUPITER AND MERCURY

The energy of Jupiter brings optimism, opportunity, good fortune and unlimited expansion. As December ended (**12/30**), he began to get his groove back and is moving slowly through earthy Taurus without hesitation until he joins Uranus on April 20 (for the first time in 12 years). This is one of the major shift periods of 2024. There will be surprise and opportunity in an embrace. Coincidentally Venus joins Mercury the day before (**4/19**), shortly before Mercury finishes his retrograde period (**4/1-4/25**). Since I am convinced we will have unbelievable opportunities to make our dreams reality this year, I urge you to develop habits that uplift you daily, and find new ways to release what no longer serves you.

NEW MOON IN CAPRICORN (JANUARY 11, 2024)

The New Moon in Capricorn provides grounding and an opportunity to improve our discipline as 2024 begins. Mars enters Capricorn on January 4, adding determination, courage and passion to the equation. As we discover new ways to develop strength and integrity it is time to give up suffering as we are blessed with perseverance, confidence and quiet joy, as the deep knowing that we can accomplish whatever we focus on this year. It is time

to begin good habits that will support us in the rapid expansion yet to come.

VENUS IN SAGITTARIUS SQUARES NEPTUNE IN PISCES AS OUR HEARTS OPEN FULLY ON JANUARY 19:

It will be difficult to ignore this pattern, since it increases imagination and opens the heart beyond what we experience as normal. This is a fabulous time to create art, enjoy the arts, meditate, and go inward to feel your heart's desires fully. I am going to read the book "Your Brain on Art" before this feeling gift arrives.

JANUARY 20 THE SUN AND PLUTO EMBRACE IN CAPRICORN FOR THE LAST TIME IN OUR LIVES:

The final opportunity for the Sun and Pluto to join together in Capricorn occurs on this day. It is called a "cazimi" and it is a day of epic clarity, a gift of fate that will reflect our growth since Pluto entered Capricorn in 2008. It will be a gift that reminds us of our achievements, what we released and revised, and shines a light on what we need to release to reclaim our best selves. It is a day for paying attention to your intuition and going within, as well as moving toward people and processes that bring out your best self. This is also the day that Pluto leaves Capricorn and moves into Aquarius for the first time in 2024. Pluto entered Aquarius briefly in 2023 (**3/23-6/11**) and brought us a sample of transformation, Act 1. Act 2 runs from **1/20-9/1**, and the final act that will begin on **11/19/24** will last 20 years. Change is moving through our lives with rapid speed and there are unlimited opportunities if we pay attention and remain calm, brave and resistant to failing to become a new and better version of our best selves. Finally on **1/20** the Sun enters Aquarius, bringing us a season of community and connection, a time to become an expression of our truth.

FULL MOON IN LEO JANUARY 25, 2024:

The Full Moon in Leo allows us to be seen and demand attention, as we feel the tug of our heart strings and may feel emotional drama at almost every turn. The energy of the Full Moon in Leo will exaggerate our courage, as well as our optimism, since Jupiter is opening up our feeling function through a square to the Sun and Moon, as well as the Lunar Modes. Our path to our future is before us and we feel it whether we acknowledge its power or not.

URANUS IS THE LAST PLANET TO MOVE FORWARD ON JANUARY 27:

Finally, the gate is open and the race is ready for us to run. Until a 3-week period in April gives us a Mercury retrograde correction (**4/1-4/25**), there is no restriction in our progress until **5/2** as Pluto begins his review through retrograde movement. The 3 month period beginning **1/27** creates a new neural pathway that seldom occurs, and at the beginning of a year, it urges us all not to hesitate and use this time to move forward with successful outcomes. This is a period when we get unstuck and nothing is holding us back except ourselves. We are now fully into evolutionary growth. New solutions and new problems emerge as our consciousness continues to grow and we can breathe fully with the astrological support we are receiving. **GO FOR IT!**

As I hope you now realize: this is the time we all need to up our game, quit procrastinating and be leaping beauties. I have spent the month of December using every tool I know to prepare myself for what is to come, **MORE THAN I CAN IMAGINE**. I think there has never been a time so important to update your astrological chart so you can be fully aware of your tasks and choose the right timing. I redid my chart before I left my office before Christmas and it was confirming and enlightening for me. I hope you will find the time and resources to give yourself time to grow from the inside out. If I can help you with this project we are all in together in January and thereafter, I would be honored to be part of your growth.

**WISHING YOU A FABULOUS NEW YEAR, MORE THAN YOU CAN
IMAGINE, AND AMAZING GRACE,**

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