

GREETINGS:

Happy New Moon in Sagittarius at dawn this morning! I chose to use this powerful New Moon, midway between 2 powerful Solar Eclipses, as a starting point for this time symbolized by the New Moon in Sagittarius, the seeker of worlds seen and unseen. This is the last of the fire signs in the Zodiac, so we need to use its optimistic, truthful energy to move forward in our search for truth and transformation. This is a perfect time to reset ourselves and redefine our beliefs about the world we live in. This is a time of extreme mutability which means the whole world is in continual flux.

With those thoughts in mind as we enter the holiday season, if you or any of your friends and family would enjoy an astrological consultation with me concerning the trends and options available in 2017, let me know and I can provide you with a gift certificate for an hour or half hour. The cost is \$185 for an hour, \$95 for 30 minutes. I plan to be in town all of December so I will be taking appointments before and after Christmas.

One of the most powerful times in our year is the longest night of the year, which always precedes the Winter Solstice on 12/21. As usual, I will hold a personal celebration at my home on Tuesday, 12/20 to release the feelings and evens of the past year, claim the lessons learned, and focus on the intentions for change and growth in 2017. The cost remains \$35 and I will have included more information and instructions for preparation as an attachment to this email. I hope you will create a personal ritual for this powerful time of change. If you want to share your ritual in a safe group experience, let me know as soon as possible, as space is limited.

I wish you a fabulous month, happy holiday celebrations of all types and a peaceful, prosperous 2017. If I can help you in any way to chart your progress with astrology, or sort out the patterns of 2016 so you can release them, please let me know as I know, as many of you do, the benefit of talking things through. The feeling function is baffling and bewildering and comes from our child ego structure. The bridge to thought which comes with the development of the adult ego, is a great project to develop. I have been paying people to help me with this for 52 years and counting. Please call me to schedule your appointment if you need more tools and extra support.

Hope to see you soon!

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DECEMBER ASTROLOGICAL OUTLOOK

The last two days of November are an overture to December 2017. As mentioned above, we are midway between 2 powerful solar eclipses at the New Moon (11/29), which represents an extremely sensitive point in the fabric of time. The prior eclipse occurred on 9/1/2016 and the second eclipse occurs on 2/26/2017. This cycle of eclipses emphasize realism, a coming to earth, a constructive time for tackling the truth. Additionally, after Mercury goes direct on 1/8/2017, all the outer planets will be in direct motion for 4 months, which allows more progress forward than we have experienced in years. I am hopeful that the description of the 2/26/2017 comes to pass for all of us. Astrologer Bernadette Brady defines it as a pleasant surprise, sudden happiness, a joyful event, a lucky break, a life changing time. I don't know about you, but I am ready to claim that as my intention for 2017. I am going to burn at least one 2016 calendar on the Winter Solstice. This has been a year of loss, shock, difficulty, pain and disappointment for most people I know, myself included! Years ago I read a wonderful book entitled "Been Down So Long, it Looks Like Up to Me". Seems like we have been there again. Time to get moving and this New Moon has the energy to start us moving.

At today's New Moon Venus in Capricorn and Uranus in Aries bring forth an opportunity to review our issues surrounding relationships, as well as to see more clearly where we need pruning, change and/or redirection of our lives to better receive our heart's desires. This is a duty/desire challenge question for all of us, particularly those with planets in Capricorn, Aries, Taurus and Aquarius. Since Saturn is leading the Sun and Moon forward, we need to develop more patience toward ourselves and others as we move toward greater freedom and awareness. We get a big dose of support from action oriented Mars and generous

Jupiter as they dance in Aquarius and Libra, respectively. This should give us a boost in mood and mental energy so we can exercise our courage to act with strong mental focus.

As we enter December on the path of wisdom symbolized by the New Moon in Sagittarius, our goal is to find the balance of the middle way described by Buddha, releasing the duality so punishing to our lives. On 12/1 Mars and Jupiter inspires us to work together for causes that allow greater self-acceptance of our differences as well as our similarities. It is also a great time to begin again in any endeavor which brings fulfillment to ourselves in relationship to others. On 12/2 Mercury enters Capricorn urging deeper focus on our responsibilities, capabilities and our need for discipline to accomplish our goals; i.e. removing choice about reaching our goals. We need to be determined to break through the limits of the past, acknowledging the lessons learned, and move into the future. Mercury remains in Capricorn to help us accomplish this task till 2/7/2017. During the Mercury retrograde period (12/19-1/8), Mercury moves backwards into Sagittarius for a week (1/4-11) so we can re-boot before the Full Moon of 1/12/2017 brings us forward into greater self-actualization.

On 12/10 the Sun joins Saturn for a serious look at life and correction of misunderstandings if necessary. For those with planets in Sagittarius, mark your calendar so you will take some time for reflection and seek out those whom you trust to discuss your plans for the future. The following day 12/11 the Sun and Uranus come into a pattern of satisfaction and celebration which is a great time to make time for those who truly love and understand you. The Full Moon in December occurs on 12/13 as the Moon in Gemini has us all talking at once. This is a powerful mental energy pattern so make good use of it. The rational energy of the Moon in Gemini needs to find balance with the energy of the Sun in Sagittarius which symbolizes intuitive knowing and a prophetic gift for seeing the future, particularly in the form of dreams. At this time the Moon in Gemini, Mars in Aquarius and Jupiter in Libra make a beautiful balancing triangle in the air signs, which should increase our optimism and connectivity with all we meet. Plan something wonderful for this Full Moon period as our idealism, generosity and ability to think creatively is greatly enhanced. This is a time to take the high road mentally.

On 12/19 Mars enters Pisces and Mercury goes retrograde. This could be a period of temporary insanity for some of us. We know that when Mercury goes backwards we have confusion, an irrational desire for change and should not sign documents or make major purchases, but when you add fiery Mars in watery Pisces, it can seem like the inmates have taken over the asylum. Slow down and breathe and find someone trusted to talk through your thoughts and decisions. As Autumn ends on the evening of 12/20 and Winter begins on 12/21, hopefully we have not lost our confidence and our thinking is not confused so we can allow greater access to our intuition and our dreams. We will get better guidance from the invisible, non-rational world at this time. With the changing season on 12/21, as the Sun enters earthy Capricorn, the Moon in Libra moves toward generous Jupiter and Mercury remains closely aligned with Pluto in Capricorn. Since the majority of planets are now in Cardinal (active) signs, the wheel of life is moving forward in a new way for the first time in 2016. The first degree of Capricorn appears at sunrise and heralds a time of change for all of us. With Jupiter in Libra opposing Uranus in Aries, the tension between our personal needs and those of others are highlighted in the extreme. This is a time of choice, as well as change.

From 12/24-12/26 we are in a very dynamic period. On 12/24 the powerhouse planets Saturn in Sagittarius and Uranus in Aries form a perfect triangle, allowing us to make changes responsibly while expanding our options for choosing new goals in alignment with our authentic self and its needs. We are fortunate this wonderful pattern occurs on a holiday weekend. Plan something amazing with the people who love and support you on this day. On 12/25, the planet of love, desire and connection, Venus shines from air sign Aquarius as it is balanced by Jupiter in relationship sign Libra. This is a wonderful day to celebrate, relax and release tension and be grateful. On 12/26 as Jupiter in Libra and Uranus in Libra oppose one another, there is a strong impulse to expand beyond the known world of ease and peace into new worlds.

From 12/29-12/31 change is in the air, as Uranus, the disruptive change agent moves back into forward motion in rebellious, fiery Aries. After the change of the past few years, this may be a welcome energy source, as nothing we have been struggling with can survive this shift. For those with planets in Aries and Aquarius, your time has come. As Uranus moves back into the fray on 12/29, Mars joins Neptune on 12/31

in magical Alice in Wonderland sign Pisces. Plan a magical evening and let your imagination take you into a new world. As 2016 ends, we should all have a sigh of relief as we look forward to 2017 and the February eclipse which promises a pleasant surprise and sudden happiness. Mars moves into action in January as it comes home to fire sign Aries on 1/28/2017, following the New Moon in Aquarius. Hold on: change is coming for all of us.

Winter Solstice Ritual

On Tuesday December 20, 2016 we experience the longest night of the year. On Wednesday December 21, 2016, a new moon begins our journey of change that will occur in 2017. As long as there has been an oral history, people have symbolized the significance of the return of the Sun on December 21st with ritual and celebration. The Christmas Revels are based on these celebrations in a variety of cultures. The longest night of the year, December 20th, is a time of release, creating a space for the new life we desire and deserve. To symbolize this is a group activity, I am offering you an opportunity to join with me at my house on this evening at 7:30 PM to share your symbolic new life with others. This is not a time of therapy or excessive sharing about your problems of the past. It is a time of release and rejoicing about what is invited into your life. The cost for this event is \$35, which can be paid when you arrive. Please bring a food item to share with the group, as we enjoy a communal meal together following our sharing activities.

The creation of a personal ritual balances heart and mind in a new way through the use of symbols, some universal, others personal. We always light a fire to burn away what we want to release or release our attachment to what we no longer value. Earth, water and air can also be used, to bury, to christen, plant, and nourish. If you are planning to attend this event, please let me know as soon as possible as space will be limited and last minute attendance is strongly discouraged as preparation takes time and thought. To properly align yourself with this important change energy, each of us need to ask ourselves some very important questions and take the time to imagine the answers in creative symbols, not exclusively in language which limits us to the mind, not the heart, the seat of the soul, where true change and healing occur. I am available to speak with you concerning your ritual before December 15th, thereafter, my time will be limited.

Hope to see you on December 20th so you can prepare for a fabulous 2017!

Instructions for Preparing the Winter Solstice Ritual

Since long lasting change occurs from the inside to the outside, I have found this a powerful time to go within and ask the following questions:

1. What do I want to release, and what have I learned from the experience and/or the person or persons?
2. What do I want to imagine in its place as a form of exchange?
3. What is my greatest unmet need/dream? What do I want to plant in my future (sow in my life garden)?

As these answers come from the inner self, they need to be translated into concrete symbols which we can use to remind ourselves of our intention for growth, change and healing. There are 4 elements in nature which we can use for release: fire, earth, air and water. Any or all can be incorporated into the ritual ceremony. Dreams can be released into the air, painful experiences and people can be burned out of our consciousness, symbolizing the alchemical process. Earth can be used to bury, plant or create a new symbol. Water can be ingested, used as a cleansing agent, or used as a blessing.

It is important to get ourselves in alignment with change so we can experience maximum growth. A ritual celebration in which each person claims their dreams, lessons and losses is a powerful catalyst for growth as we shift forward into the new year.

