

GREETINGS AND A HAPPY 2014!

As dawn arose this morning the first of two Full Moons for January beckoned us to wake up, grow up and look forward into the New Year, because 2013 has passed us by. If that were not enough, this New Moon is rocked by contact with Mars, Jupiter, Mercury, Pluto and Uranus, which is, in a word, a Full House. We are beginning the year with energy, action and truth moving us forward. It is time to start over and rebuild our lives. My favorite devotional, The Daily Word, has the following statement on the back cover: I am fearless, strong, and free!. This should be our mantra and intention for the year and it begins now. I tried to get a jump on 2014 by preparing the January Outlook yesterday, but life did not cooperate, as often happens in the Dark of the Moon. The energy of 2013 was overwhelmingly challenging for everyone I know, but we made it and can begin again with fearlessness, strength and freedom in 2014. We are wiser now and are ready to enter transformation from our false self to our true self. As I look backwards through the window outside my office, I see a tree loaded with lemons to make lemonade of 2013. We all have that chance if we are still here. When I viewed the CBS Sunday Morning program from last week, I noticed that 1/3 of the program was remembrances of the amazing people who left the planet in 2013, all of whom were one of a kind, and therefore irreplaceable. It is time for all of us to become our best selves and do it with boldness.

JANUARY ASTROLOGICAL OUTLOOK:

As mentioned above, January began with a powerful Full Moon in Capricorn, urging us to grow up, be wise, and snap out of our self-importance and come together to build our lives anew with those who are as determined as we are. By letting go of what has outlived its usefulness, we can design new systems of becoming as we focus on our intentions for 2014. As Jupiter, Mars, Pluto, Uranus and Mercury join with the Sun and Moon, we are in alignment with change, and the time is not to begin, as we will have plenty of energy to make changes as we release limiting beliefs and habits and let go of people who do not serve our best self. As our adult ego takes over as our Managing Director, we have the promise of being lead out of the disappointment, difficulty and defeat of 2013. As we begin again in the present, there are no more "should" messages, as our true desires and callings open our hearts to new possibilities.

The two planets which make life easier for us, Venus and Jupiter, are resting (retrograde) and laying backwards. This combination always brings with it the illusion that change is more difficult than it really is. On January 31, Venus moves back into the arena of realizing our dreams and in March Jupiter jumps back into our lives with true enthusiasm and opportunity. With Mars and Saturn stirring up our lives we need to remain fearless, strong and free.

On 1/15 a Full Moon in Cancer activates the Grand Cross we experienced with the New Moon on January 1, highlighting the imbalance in the masculine and feminine parts of our natures. With Jupiter joining the Moon in Cancer, it is time to celebrate your friends, family and home, as your root system needs greater celebration and nourishment. Please make plans to be with those you feel safe with on this day. This Full Moon is urging us to shift from competition to cooperation, from hierarchy to equality and from domination to collaboration. For those with planets in water signs, this is a particularly favorable time, as Saturn supports the Full Moon from watery Scorpio, deepening our feelings as well as our understanding of ourselves and others.

The final New Moon occurs on January 30, in Aquarius, the day before Venus moves back into forward motion and reintegrates with our other energies. The New Moon in Aquarius reminds us that our capacity to change is far greater than we imagine and we should take time to check in with our heart to see where it is nudging us to move forward. Aquarius is the sign of change, awakening, friendship and innovation. We can all use this pattern to the best interest of ourselves and others. This New Moon encourages the wise use of power and the release of the habit of force, whether it is forcing ourselves or others. The Aquarian values honor collective harmony, creative change and true friendship among all people.

The planet Mercury begins the month in Capricorn, moves through Aquarius beginning on 1/11 and ends the month in Pisces on 1/31. This speed is always an indication that a rest is coming for the mental Mercury and it will happen in February from 2/6-28. This is a warning to get your legal affairs handled before 2/6 and make major decisions and travel plans by 2/6. It is also not a good time to buy a new or used car, as there are always hidden facts that come out later. Make your job changes before or after the period from 2/6-28. After the high energy days of the New Moon (1/1-2), Mercury and Jupiter bring a joyous mind to us if we are open to it. Ideas and possibilities about and we should plan to present them to those who are supportive and good collaborators. On 1/7 Mercury joins with Venus to bring out the charm and peacemaking skills in each of us. Don't let this wonderful period pass alone, as it will be a missed opportunity for everyone. After 1/11, as Mercury sails through Aquarius, there are wonderful winds of change for all of us on 1/24 as Mars helps our thought and speech become more assertive, decisive and determined. On 1/25, there may be a bit of doubt entering the mix, but don't pay too much attention to it, as the peaceful dreaming of Mercury moving into Pisces on 1/31 will last till 2/12,

Since Venus is slowed down in Capricorn and making virtually no contact with planets other than the Moon on 1/10, always a peaceful energy, and the Sun on 1/11, which brings about pleasure and celebration, the challenge from Mars in Libra to Venus in Capricorn on 1/16 may bring changes in your relationship life or your work environment. It is temporary, just a mild short burst of flame which will die out if you do not react but observe with a neutral attitude. On 1/28 the Moon in Capricorn joins Venus for a bit of reverie and dreaming about your desired life goals. Finally, on 1/31 Venus is rested, and our clarity about our needs and desires returns, having been shifted since the Winter Solstice on 12/21, which explains why so many people did not have the holiday season experience they deserved or wished for. I suggest you celebrate what you missed thereafter, as you are clear about what you want.

Mars is the trigger for action and is made of fire. Mars will be living in Libra land till July 2014. That could trigger trouble with people who are not prepared for things to heat up. On 1/8 Mars and Jupiter dance together and the mood is expansion and a possibility of impatience and impulsivity, particularly for those with planets in Libra, Capricorn, Aries and Cancer. Take some deep breaths and decide to act later, as it will surely be reaction on this day. On 1/16 Mars and Venus move at different speeds: Mars is moving too fast and Venus too slow. This is not the day to take on long term problems with those who are your Shadow function. Make notes and share with a wise advisor before you speak and/or act. With Mars in Libra for almost 8 months, we do not need to get in a hurry to confront anyone.

Jupiter, the energy of generosity and opportunity is resting for a run at the top on 3/6. Plan your strategies until then and feel the gift of time.

Saturn, the slow moving planet of reality and maturity, is to remain in Scorpio till 12/23 of this year, at which time it moves into Sagittarius to rearrange the lives of those with planets in Sagittarius and not Scorpio. On July 16, Jupiter moves into Leo bringing opportunity to the fire signs and freeing us all from an excess of feeling and being so touchy about our disappointments in ourselves and others. We don't have long to wait, thankfully.

Uranus is occupying fire sign Aries, which urges us all to become original in our own way. It has been 80 years since we have had this pattern, and many of the amazing people who have transitioned this past year are part of that group of pioneers we have lost. It is time for more people to think outside the box and leap forward in new ways.

Neptune is slowly transforming all of us at a deep subconscious level as Pisces becomes the ocean where Neptune drifts. The increasing awareness of our spiritual nature is a byproduct of Neptune in Pisces. We are being remodeled whether we know it or not. The effect of this energy is subtle for most people. As we look backward over the past 3 years we can see the trend with the 20/20 vision of our hindsight.

Pluto will remain in Capricorn for more years than some of us will enjoy, but all the falseness in ourselves and in our lives will be eliminated, sometimes without our understanding and agreement. It is a time for

total surrender and the knowledge that life happens for our benefit, it just doesn't always feel good initially.

In summation, January is full of energy and opportunity but with a mixed bag of ease and challenge. Please know that many of us had so much challenge in 2013, we need a rest, recreation and regeneration period in whatever manner and time sequence we can get it. To be always moving and hooked up to gadgets which interrupt us with the never ending needs of others, is not a good strategy for mind/body health or living in the present. Please take more time this year to pause, rest and relax, and find wise, kind people to talk with so you will not be on your own in important decisions you need to make this year.

If I can help you in any way with the planning of your life or the discovery of your intentions for 2014, I will be back in the office tomorrow 1/2/2014, Please take time to be grateful for your progress in 2013, as whatever you appreciate appreciates, and as my great friend who left the earth in 2013 always said to me: "You need to watch what you say to yourself and to others and don't use words that don't serve you.

A BLESSED 2014 AND A GREAT JANUARY TO YOU ALL.

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